

## **Week 6 Shopping List**

### **Meats:**

- 1 can of all-white meat chicken in water (or 1 1/2 cups of leftover, shredded chicken)
- 1 pound shrimp uncooked, medium size, shelled and deveined
- 4-5 boneless skinless chicken breasts, cut into bite-sized chunks
- 2 pounds ground beef
- 6 pork loin rib chops, about 1-inch thick

### **Dairy/Refrigerated:**

- 2 refrigerated pie crusts
- 1 can refrigerated pizza dough
- 24 ounces shredded cheese - mozzarella, cheddar or colby jack
- 2 cups shredded mozzarella cheese
- 1/4 cup grated Parmesan cheese
- 24-ounce package of frozen cheese ravioli

### **Breads:**

- None

### **Canned Items:**

- 1 can of cream of chicken soup
- 1 can cream of chicken or cream of mushroom soup
- Sweet orange marmalade
- BBQ sauce
- Soy sauce
- Teriyaki sauce
- 16 ounces frozen tater tots
- 23-ounce jar spaghetti sauce
- 1 jar pizza sauce
- Honey
- 1 packet ranch dip mix

### **Other:**

- Garlic minced
- 1 bag of mixed vegetables
- 1 1/2 cups broccoli
- 1 1/2 cups frozen mixed vegetables
- Dash of paprika

### **Optional:**

Other pizza toppings such as pepperoni, onion, green pepper, mushroom, black olives, etc