

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 BBQ Chicken Tostadas	2 Slow Cooker Hawaiian Chicken Tacos
3 Slow Cooker Pot Roast	4 Cheeseburgers Independence Day	5 Oven Fried Chicken	6 Baked Honey Mustard Chicken	7 Quiche	8 Pepperoni Roll	9 Cheesy Cheddar Ranch Chicken
10 BBQ Chicken Legs	11 Slow Cooker French Dip Sandwiches	12 Slow Cooker Hot Italian Beef Sandwiches	13 Grilled Burritos	14 Ham & Cheese Crescent Bake	15 Southwestern Chicken Pizza Rolls	16 Baked Teriyaki Chicken
17 Slow Cooker Pork Chops	18 Sante Fe Chicken Foil Dinner	19 Sweet Asian Chicken	20 Italian Sausage Orzo	21 Taco Soup	22 Italian Sausage & Peppers	23 Slow Cooker Buffalo Chicken Sandwiches
24 Chicken Ramen Noodles	25 Slow Cooker Sausage, Green Beans & Potatoes	26 Broccoli Cheddar Chicken	27 Easy Skillet Nachos	28 Tacos	29 Pizza Casserole	30 Spaghetti & Meatballs
31 Chicken Parmesan						